



INFOPACK FOR PARTICIPANTS

**International Training Course
«Let's Act! Forum Theatre to be (re)born as a citizen!»**

**18th - 29th May 2017
Aurel, France**



«Theatre is a form of knowledge; it should and can also be a means of transforming society. Theatre can help us build our future, rather than just waiting for it.»

- Augusto Boal -

Dear future participants!

We are looking forward to meet you at «Let's Act! Forum Theatre to be (re)born as a citizen» training course, organized by Détours d'Ailleurs and funded by the Erasmus+ program.

It will take place from 18th to 29th of May 2017.

The training will gather 24 participants coming from France, Spain, Italy, Poland, Czech Republic, Portugal and Estonia.

In this infopack, you will find the informations you need about the project, to help you to prepare for the training course and your arrival in France. Please read it carefully. If you still have some questions, don't hesitate to contact us.

Don't forget to fill in the [participant form](#).

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1. Summary of the project

This Key Action 1 training (Mobility of Youth Workers) will take place from 18th to 29th May 2017, in the municipality of Aurel (Drôme), and it is called : "Let's Act! Forum Theatre to be (re)born as a citizen".

The training will gather 24 participants coming from France, Spain, Italy, Poland, Czech Republic, Portugal and Estonia.

This 12 days training course will consist in learning the techniques of the Theatre of the Oppressed (Image Theatre, Forum Theatre, Invisible Theatre, role of the Joker, theatrical improvisation, etc.) with daily situations lived by the participants as the subject for reflection in order to create sketches.

Together, we will discover and get trained in a tool for collective reflection and mediation: Theatre of the Oppressed.

A real tool for social linking that stimulates community dialogue and conflict resolution, Theatre of the Oppressed is a participative and social tool that enables the implementation of spaces for citizen dialogue having a real life problem as topic, and facilitates the search of collective solutions.

During the project, we will try to understand the mechanisms, tools, places and projects which are available with the use of Theatre of the Oppressed to practise our role as a citizen in our respective countries and, on a wider scale, in Europe.

The program includes activities for encountering the other and practise of all the branches of the Theatre of the Oppressed : Image Theatre, Forum Theatre, Invisible Theatre, Community theatre, theatrical improvisation and training on the delicate role of the joker (the mediator).

To complete this training, we will visit local markets in order to collect the voice of the citizens and we will create a multidisciplinary ephemeral exposition which will represent the testimonies collected in the market.

We will close the training with a Forum Theatre play open to the public, created by the participants during the project. This will enable them to implement the new competences gained during the training.

Our main aim is to empower all the participants to come back to their communities and facilitate workshops about Theatre of the Oppressed in their work, their associations, etc. so as to solve conflicts, to become actors of the necessary mediation around them, and to put an end to the situations of oppression that we all face in our daily life, both as witnesses or victims.

We hope as well to make the participants aware about popular education being one of the means to get a bit more involved in the daily life of our European societies. While creating debates and discussion forums, we will enable collective decision-making.

Regarding the logistics, we will stay in the eco-cottage "Colombia". The venue has all the comfort necessary to host this kind of project: cottage with 12 places, dorm in a geodesic dome (12 places), enough bathrooms and a professional fully equipped kitchen, a 60sqm working room including a stage, and a kiosk where we will have our meals.

The daily tasks will be carried out by the participants: writing the booklet, cleaning, tidying up, washing-up and cooking. In fact, we think that these tasks are as important as the workshops or the presentation games in the creation of a healthy and constructive group life. Therefore, the participants will be organised in mixed groups (according to gender and nationality) that will rotate everyday doing the necessary tasks for the functioning of the community life.

Regarding the food, we have chosen to buy as much as possible from local producers (dairy products, meat, vegetables and fruits, eggs, cheese, bread, etc.), and to consume as much as possible organic and seasonal products. We think that reflecting on our eating habits is a need nowadays, and we really wish to implement it during this training.

We will implement different activities to facilitate the meeting and communication within our group: a "language board", to learn the language basics of every country represented; a suggestion box; the "Secret Friend" game, to be played throughout the whole training, etc.

To conclude, during all the project, the participants will be asked to write a booklet, with the activities carried out throughout the days. The booklet will be written everyday in small groups. One of the French participants with fewer opportunities wants to create a video about the project.

Once finished, both the booklet and the video will be sent to all the participants and partners and will be used to reproduce this training and disseminate the Theatre of the Oppressed techniques and the project results.

2. Activity Schedule

Thursday 18th May	
All day long	Arrivals of the participants
19h	Dinner altogether
DAY 1: Friday 19th May	
8:30 – 9:30	Breakfast
9:30 – 11:00	«Let's Meet!»
11:00 – 12:30	Service&Care
12:30 – 13:30	Lunch
13:30 – 17:00	«Team-Building Time!»
17:00 – 18:30	Project Introduction
19:00 – 22:00	Cultural Evening: A taste of France!
DAY 2 : Saturday 20th May	
8:00 – 9:00	Breakfast
09:00 – 9:30	Civil Journalism introduction
9:30 – 10:00	Journey to the Die's Market Place
10:00 – 12:00	Civil Journalism
12:00 – 13:00	Picnic on the Market
13:00 – 13:30	Journey to the home
13:30 – 15:30	Preparation of Civil Journalism Results
15:30 – 17:30	Presentations & Discussions
17:30 – 18:00	Reflection Groups
18:00 – 22:00	Cultural Evening: A taste of Spain!
DAY 3: Sunday 21st May	
8:00 – 9:00	Breakfast
9:00 – 11:00	Theoretical Framework – Theatre of the Oppressed
11:00 – 12:30	Service&Care
12:30 – 13:30	Lunch
13:30 – 17:30	Invisible Theatre Training: «Democracy in the Public Sphere»
17:30 – 18:00	Reflection Groups
18:00 – 22:00	Cultural Evening: A taste of Czech Republic!
DAY 4: Monday 22nd May	
8:00 – 9:00	Breakfast
9:00 – 11:30	Image Theatre Toolkit
11:30 – 13:00	Service&Care
13:00 – 14:00	Lunch
14:00 – 18:00	Image Theatre Toolkit (continuation)
18:00 – 18:30	Reflection Groups
18:30 – 22:30	Cultural Evening: A taste of Poland!
DAY 5: Tuesday 23rd May	
8:30 – 11:00	Breakfast & Free Morning!
11:00 – 12:30	Service&Care
12:30 – 13:30	Lunch
13:30 – 17:30	Choice of Activities: hiking, swimming in the river, visiting a historical site...
17:30 – 18:00	Reflection Groups
18:00 – 22:00	Cultural Evening: A taste of Italy!

DAY 5: Tuesday 23rd May	
8:30 – 11:00	Breakfast & Free Morning!
11:00 – 12:30	Service&Care
12:30 – 13:30	Lunch
13:30 – 17:30	Choice of Activities: hiking, swimmin, visiting a historical site...
17:30 – 18:00	Reflection Groups
18:00 – 22:00	Cultural Evening: A taste of Italy!
DAY 6: Wednesday 24th May	
8:00 – 9:00	Breakfast
9:00 – 12:00	Character & Plot Building
12:00 – 13:30	Service&Care
13:30 – 14:30	Lunch
14:30 – 17:30	Field visit to an association using Theatre of the Oppressed
17:30 – 18:00	Reflection Groups
18:00 – 00:00	Concert!
DAY 7: Thursday 25th May	
8:00 – 9:00	Breakfast
9:00 – 11:00	Theatrical Improvisation Training: Building a performance with a twist!
11:00 – 12:30	Service&Care
12:30 – 14:00	Lunch
14:00 – 17:30	Joker Training
17:30 – 18:00	Reflection Groups
18:00 – 22:00	Cultural Evening: A taste of Portugal!
DAY 8: Friday 26th May	
8:00 – 9:00	Breakfast
9:00 – 11:00	Joker Training (continuation)
11:00 – 12:30	Service&Care
12:30 – 13:30	Lunch
13:30 – 17:30	Spontaneous Creation of a sketch by cultural teams
17:30 – 18:00	Reflection Groups
20:00 – 22:00	Big role-playing game
DAY 9: Saturday 27th may	
8:00 – 9:00	Breakfast
9:00 – 11:00	Youthpass Time
11:00 – 12:30	Service&Care
12:30 – 13:30	Lunch
13:30 – 17:30	Final Rehearsal & Performance
17:30 – 18:00	Evaluation of the Performance
18:00 – 21:00	Groups Tasks or Free Time & Dinner
21:00 – 23:00	Cultural Evening: A taste of Estonia!
DAY 10: Sunday 28th May	
8:00 – 9:00	Breakfast
9:00 – 11:00	Keep The Momentum Going! Brainstorming + planing session
11:00 – 12:30	Service&Care
12:30 – 14:00	Lunch
14:00 – 17:00	Final Evaluation
17:00 – 18:00	Packing & Cleaning
18:00 - ?	Farewell Party
Monday 29th May	
8:00 - ?	Breakfast
All Day Long	Departures

3. What to prepare and bring

You need to fill in the [application form](#) before 25th March.

You will need to buy your tickets and send them to us before the 30th of April.

Each country group will have to organize a **cultural evening**, where you will have to:

- **present some elements of your culture**, in any way you want (sketch, songs, presentation, game...), and somehow linked with the topic of this Training Course. You can use powerpoint or any other visual medium for your presentation, you are totally free! You may also read some documents and take interest in Theatre of the Oppressed in your country and in Europe. Bring everything you need in an usb stick since **there won't be wifi available in the venue.**
- Action/organization really active on this question. You're not compelled to do that but it would surely enrich the exchanges!
- **Cook a full traditional meal for the evening including starter, main course, dessert.** The meal has to be a **simple** one because you will have around **2 hours to cook it.** Please send us a well detailed list of ingredients with quantities (for 24 people), so we can buy them in advance. If you need any special ingredient that we can't find in France, you can bring it with you and we can reimburse you up to 40€ (if you bring the ticket/invoice with you).

To bring list

- comfortable clothes and shoes
- jacket and/or clothes for **cold** (at night temperature drops several degrees)
- walking shoes
- a personal water bottle for hydration during workshops
- a notebook (or something to write in) and a pen (by using the supplies you have at home, we will avoid producing more waste than needed)
- cup (optional)
- medicines that you usually take
- swimming suit (optional)
- hygienic kit and towel set
- travel and health insurance (we suggest European Health Insurance Card)
- **invoices and travel tickets**
- **bank information** (bank account, BIC/SWIFT code, IBAN, address of the bank, etc.) so that we can make you the reimbursement
- **for the cultural evenings:** traditional food/any special ingredient we won't be able to find (and the tickets/invoices for the food that you bought for the cultural evening, up to 40€ reimbursed), drinks, music, costumes, posters... or anything about your country you think that could be interesting to present to the whole group.
- games, music instruments, or books you want to share with the other participants (optional)
- blindfold or something to cover your eyes (scarf for example)
- **flashlight**
- anything else you can't do without, since **there are no shops near the venue!**
- good mood, positive energy and motivation!!

4. Accommodation

We will stay in the eco-cottage "[Colombia](#)" in the charming village of Aurel (26340) in the department Drôme, near Crest.

The lodge has got 12 beds organized in 4 person rooms (bunk beds with bathroom including shower, toilets and sink). 6 persons will sleep in a dome, ecological construction with a glass roof, to spend the night the head in the stars!



We will also have a professional fully equipped kitchen, a 60m2 working room including a stage, and a kiosk where we will have our meals and where we can also chill-out and relax!

The location is surrounded by nature, a creek runs along the property where, all year long, several associations are working on cultural projects open to all.

This training will be a unique opportunity to disconnect from your daily worries and enjoy the training by being fully present, as **there is no wifi connection** We believe that this will help you to make the best of this experience!

However, the location is in the middle of the countryside, quite far from the supermarket! Keep it in mind while you pack your luggage and bring everything you need for the 10 days we will spend together!

SERVICE&CARE: The daily tasks will be carried out by the participants: cleaning, tidying up, washing-up and cooking, every task will be done by groups of 4 or 5 people, changing every day.



5. Travel reimbursement

All the costs related to the the training course are covered by the Erasmus + program (food, accommodation, activities, training, etc.). Nevertheless, you will need to cover your personal expenses. The travel costs from your home to the project venue is reimbursed by Erasmus+ according to the distance from the city the partner association is based to the venue of the project. It works with a flat rate. You can do a simulation on this website:

http://ec.europa.eu/programmes/erasmus-plus/tools/distance_en.htm

MAXIMUM REIMBURSEMENT

Estonia (2000-2999 km): **360€**

Spain, Italy, Poland, Czech Republic, Portugal (500-1999 km): **275€**

France: (100-499 km): **180€**

If your tickets are cheaper than the maximum stated above, you will ONLY be reimbursed the exact amount of your travel cost.

You need to have the money to buy your tickets and then, a month or two after the end of the training course, we will send you the reimbursement via bank transfer (that's why we need you to bring your bank information).

Only public transport and second class tickets will be reimbursed, taxis will **not be reimbursed.**

If you have any specific question, please ask us directly.

In order to be reimbursed you need to be able to attend all the training course, from 14th afternoon till 28th morning.

You will need to buy your tickets and send them to us before the 30th of April.

To make sure your trip will be reimbursed, send us the itinerary before booking it!!

We need your travel documents (boarding passes, tickets, invoices) to be able to reimburse you, so **MAKE SURE YOU KEEP ALL YOUR TICKET RECEIPTS and you bring them with you!**

6. How to come: Detailed travel information

We encourage you to use the most eco-friendly means of transport possible!

If you are not that far, and you want to reduce the impact of your trip, you can always find a solution without using the plane. If you need to take the plane, you can offset the CO² emissions (for example through <https://www.atmosfair.de/en/home>).

Deadline to book your tickets: **30th April.**

Coming to FRANCE

By train: <https://www.raileurope.com/en/index.html>

By bus: <http://www.eurolines.com/en/>, <https://www.flixbus.com/>, <http://www.ouigo.com/>

By plane: <https://www.kiwi.com/>, <https://www.skyscanner.com/>

Book your tickets for the morning/early afternoon of the 14th and for the evening of the 28th,

because you need to be present in ALL the program, you can't arrive later or leave earlier!
 On the 28th morning you should book your tickets from Crest or Valence **from 12-13**, not earlier.

Moving in FRANCE

Whichever airport you arrive (Paris, Lyon, or maybe Marseille), you will have to get to the city of **VALENCE** by train. The train station is called VALENCE GARE TGV. To book a ticket or have a look on the schedules, you can go on this [website](#):

You have two solutions (**if you are under 26, don't forget to check the discounts you have both in trains and buses**) to get to where we will pick you up (Crest train station or Vercheny bus stop):

1) **TRAIN**: Take the train to **CREST** (schedules on <http://www.voyages-sncf.com/>). In some cases you can take the train directly from the airport (Lyon Saint Exupéry or Paris CDG) although there are less trains than from the main stations. You will need to change, but you only need to book one ticket.

From Lyon: about 2-3 hours by train to Crest (depending on which train you take). Bear in mind that the **last train** to Crest on the 14th May is at 19:10, and you need time to get to the train station if you are coming from the airport. On the 28th May, the **first train** from Crest arrives to Lyon at 10:24 (plus 45 minutes/1 hour to arrive to the airport). The train ticket costs around 25€ one way.

LYON center-CREST on the 14th May

11h20 13h31	LYON PART DIEU CREST ✓ 1 corresp. TER, Autocar	○ 2h11	24,10 €	-	-
13h36 15h08	LYON PART DIEU CREST ✓ 1 corresp. TGV, TER	○ 1h32	-	18,50 € 5 PLACES à ce prix *	33,10 €
14h06 16h03	LYON PART DIEU CREST ✓ 2 corresp. TGV, Autocar	○ 1h57	-	19,60 € 2 PLACES à ce prix *	33,10 €
15h36 17h12	LYON PART DIEU CREST ✓ 1 corresp. TGV, TER	○ 1h36	-	21,80 € 1 PLACE à ce prix *	33,10 €
17h44 20h03	LYON JEAN MACE CREST ✓ 1 corresp. TER, Autocar	○ 2h19	24,10 €	-	-
19h10 20h49	LYON PART DIEU CREST ✓ 1 corresp. TGV, TER	○ 1h39	-	23,60 € 6 PLACES à ce prix *	33,10 €

Lyon airport-Crest on the 14th May

13h42 LYON SAINT EXUPERY TGV
15h08 CREST
✓ 1 corresp. TGV, TER

🕒 1h26

-

18,80 €
4 PLACES
à ce prix*

32,10 €

19h41 LYON SAINT EXUPERY TGV
20h49 CREST
✓ 1 corresp. TGV, TER

🕒 1h08

-

25,00 €
1 PLACE
à ce prix*

32,10 €

CREST-LYON center on the 28th May

08h58 CREST
10h24 LYON PART DIEU
1 corresp. TER, TGV

🕒 1h26



Train non ouvert
M'inscrire à l'alerte email

09h22 CREST
12h40 LYON PART DIEU
✓ 1 corresp. Autocar, TER

🕒 3h18

24,10 €

-

-

13h01 CREST
14h40 LYON PART DIEU
✓ 1 corresp. TER

🕒 1h39

24,10 €

-

-

15h22 CREST
18h15 LYON JEAN MACE
✓ 1 corresp. Autocar, TER

🕒 2h53

24,10 €

-

-

17h25 CREST
19h15 LYON JEAN MACE
✓ 1 corresp. Autocar, TER

🕒 1h50

24,10 €

-

-

18h26 CREST
19h50 LYON PART DIEU
1 corresp. TER, TGV

🕒 1h24



Train non ouvert
M'inscrire à l'alerte email

From Marseille: about 4 hours by train to Crest. Bear in mind that the **last train** to Crest from Marseille center on the 14th May is at 17:10 and you need time to get to the train station if you are coming from the airport. You can also take the navette from the airport directly to Aix-En-Provence and take the train from there, you dont need to go to Marseille city center. On the 28th May, the **first train** from Crest arrives to Marseille airport at 12:51. The train ticket costs around 30-40€ one way, and there are offers if you buy it in advance.

Marseille airport-Crest on 14th May

09h03 13h31	MARSEILLE PROVENCE AEROPORT CREST	2 corresp. Autocar, TER	4h28	-	-	39,10 €
11h07 15h08	MARSEILLE PROVENCE AEROPORT CREST	2 corresp. Autocar, TER	4h01	-	-	39,10 €
13h14 17h12	MARSEILLE PROVENCE AEROPORT CREST	2 corresp. Autocar, TER	3h58	-	-	39,10 €
15h12 20h03	MARSEILLE PROVENCE AEROPORT CREST	2 corresp. Autocar, TER	4h51	-	-	39,10 €
17h12 20h49	MARSEILLE PROVENCE AEROPORT CREST	2 corresp. Autocar, TER	3h37	-	-	39,10 €

Crest-Marseille airport on 28th May

09h22 12h51	CREST MARSEILLE PROVENCE AEROPORT	2 corresp. Autocar, TER	3h29	-	-	39,10 €
13h01 16h16	CREST MARSEILLE PROVENCE AEROPORT	2 corresp. TER, TGV, Autocar	3h15	 Train non ouvert M'inscrire à l'alerte email		
15h22 19h27	CREST MARSEILLE PROVENCE AEROPORT	2 corresp. Autocar, TER	4h05	-	-	39,10 €

From Paris: about 4 hours by train to Crest. Bear in mind that the **last train** to Crest on the 14th May is at 17:41 and you need time to get to the train station (Paris Gare de Lyon) if you are coming from the airport (its more than one hour, you can check the itinerary in http://www.ratp.fr/en/ratp/r_61596/access-to-airports/). The **first train** from Crest on the 28th May arrives at 12:15 to Paris Gare de Lyon. The train ticket costs around 50-90€ one way. If you are flying from Paris Charles de Gaulle airport, there is a train station there and you can take a direct train from Valence (and a train Crest-Valence).

Paris Gare de Lyon-Crest on the 14th May

10h07 13h31	PARIS GARE DE LYON CREST 2 corresp. RENFE SNCF, Autocar	3h24	50,30 € 9 PLACES à ce prix *	62,30 € 9 PLACES à ce prix *
12h07 15h08	PARIS GARE DE LYON CREST 1 corresp. TGV, TER	3h01	62,30 € 2 PLACES à ce prix *	68,00 € 2 PLACES à ce prix *
14h07 17h12	PARIS GARE DE LYON CREST 1 corresp. TGV, TER	3h05	62,30 €	68,00 €
16h07 20h03	PARIS GARE DE LYON CREST 2 corresp. TGV, Autocar	3h56	62,30 €	69,60 €
17h41 20h49	PARIS GARE DE LYON CREST 1 corresp. TGV, TER	3h08	-	69,40 € 1 PLACE

CREST-PARIS Gare de Lyon on 28th May

08h58 12h15	CREST PARIS GARE DE LYON 1 corresp. TER, TGV	3h17		
13h01 16h15	CREST PARIS GARE DE LYON 1 corresp. TER, TGV	3h14		
17h25 21h19	CREST PARIS GARE DE LYON 1 corresp. Autocar, TGV	3h54		
18h26 21h53	CREST PARIS GARE DE LYON 1 corresp. TER, TGV	3h27		

2) TRAIN + BUS: take a train to VALENCE GARE TGV (schedules on <http://www.voyages-sncf.com/>).

- You move from VALENCE GARE TGV to the main bus station (VALENCE GARE ROUTIERE). To do this, there is a bus called **Intercitea (Romans/Valence)** which goes every hour. The journey lasts around 20 or 30 minutes and costs 1,20 euro.
- From there you can catch bus to **VERCHENY (line 28)** (one hour trip) where we will pick you up. The schedules can be seen on this link: <http://www.keolis-drome-ardeche.fr/drome/ligne-28>. Bear in mind that the **last bus** from Valence to Vercheny on May 14th is at 19:30, so book your tickets accordingly. On the 28th May, the first bus from Vercheny arrives to Valence at 9:52 (for the way back, as it is Sunday, there are buses at 8:55, 11:55 and 14:55)

If you need more informations, you can contact the tourism office of Valence: +334 75 44 90 40.

Du lundi au vendredi (toute l'année)

Numéro de service	2801	2803	2805	2807	TER	2809	CAR TER	2811	2813	2815	2817	TER	2819	TER	2821	TER	2823	TER	
Itinéraires (voir liste des arrêts)	A	A	B	B		B		A	B	B	A		A	1	A	2	B		
Rempli																			
VALENCE (GARE ROUTIERE) A	06:00	06:45	06:00	09:30	10:21	11:25	13:40	12:20	14:20	15:20	16:20	16:41	17:20	18:12	18:15	18:36	19:30	20:40	
PORRIES-LES-VALENCE (FROID MARCHÉ)	06:12	06:57	08:14	09:44		11:39		12:33	14:35	15:35	16:35		17:35		18:30		19:44		
BEAUVAILLON (VILLAGES)	06:15	07:00	08:16	09:46		11:41		12:36	14:37	15:37	16:38		17:38		18:33		19:46		
ÉTOILES-SUR-RHÔNE (PLACE DE LA RÉPUBLIQUE)	06:18	07:06						12:43			16:45		17:45		18:39				
ÉTOILES-SUR-RHÔNE (ROND-POINT)			08:19	09:49		11:44		14:40	15:40								19:49		
MONTOISON (PLACE DE LA POSTE)	06:26	07:15	08:24	09:54		11:49		12:53	14:45	15:45	16:55		17:55		18:48		19:54		
ALLEX (ESPACE ST JOSEPH)	06:33	07:22						13:00			17:02		18:02		18:55				
GRANE (CHAMP DE MARS)	06:38	07:27						13:05			17:07		18:07		19:00				
CHABRILLAN (GRANGE NEUVE)	06:42	07:31						13:09			17:11		18:11		19:04				
DIVAJEU (CHAUMÉANE)	06:44	07:33						13:11			17:13		18:13		19:06				
DIVAJEU (MFR)		07:35											18:16						
EURRE (SEIGNEUR DIEU)			08:31	10:01		11:55		14:51	15:51								20:01		
CREST (GARE SNCF) ▲	06:52	07:45	08:39	10:08	10:54	12:02	14:15	13:20	14:59	15:59	17:25	17:06	18:22	18:43	19:13	19:05	20:08	21:05	
CREST (KIOSQUE)	06:54	07:47	08:41	10:10		12:04		13:22	15:02	16:02	17:27		18:24		19:15		20:10		
AQUISTE (ARBRE DE LA LIBERTÉ)	07:00	07:53	08:47	10:16		12:10		13:28	15:08	16:10	17:33		18:30		19:21		20:16		
BLACONS (SOUBEYRAN)	07:03	07:56	08:50	10:19		12:13		13:31	15:11	16:13	17:36		18:33		19:24		20:19		
PIEGROS LA CLASTRE	07:06	07:59	08:53	10:22		12:16		13:34	15:14	16:16	17:39		18:36		19:27		20:22		
SAILLANS (EGLISE)	07:14	08:07						13:42			17:48		18:45		19:35				
SAILLANS (GARE - LA MORE)			08:58	10:26	11:11	12:20	14:35	15:20	16:21		17:19		18:57		19:19	20:26	21:19		
ESPÈNE (J.F. PONT)	07:18	08:11	09:01	10:29		12:23		13:48	15:23	16:24	17:52		18:52		19:39		20:29		
VERCHENY (PLACE)	07:21	08:14	09:04	10:32		12:26		13:51	15:26	16:27	17:55		18:55		19:42		20:32		
POINTEAUX (RESTAURANT L'EAU VIVE)	07:27	08:20	09:10	10:38		12:32		13:57	15:32	16:33	18:01		19:01		19:48		20:38		
SAINTE-CROIX (ROUTE NATIONALE) ▲	07:30	08:22	09:13	10:41		12:35		13:59	15:35	16:36	18:03		19:03		19:50		20:41		
DIE (GARE SNCF) ▲	07:38	08:30	09:21	10:49	11:33	12:43	14:55	14:07	15:43	16:44	18:12	17:45	19:12	19:19	19:58	19:38	20:49	21:40	
DIE (OFFICE DE TOURISME)	07:45	08:35	09:28	10:55		12:50		14:15	15:50	16:51	18:20		19:20		20:05		20:55		
LUC-EN-DIOIS (POSTE)					11:57							18:01		19:36		19:55		21:57	

Dimanche et fêtes (toute l'année)

TER	2840	2842	TER	2844	2846	TER	2848
	B	B		B	B		B
07:48			11:59			17:20	
	08:30	11:30		14:30	16:30		18:30
08:06	08:36	11:36	12:17	14:36	16:36	17:42	18:36
	08:45	11:45		14:45	16:45		18:45
	08:48	11:48		14:48	16:48		18:48
	08:52	11:52		14:52	16:52		18:52
	08:55	11:55		14:55	16:55		18:55
08:26	08:59	11:59	12:38	14:59	16:59	18:02	18:59
	09:07	12:07		15:07	17:07		19:07
	09:10	12:10		15:10	17:10		19:10
	09:13	12:13		15:13	17:13		19:13
	09:18	12:18		15:18	17:21		19:18
08:39	09:22	12:22	12:53	15:22	17:25	18:15	19:22
	09:26	12:26		15:26	17:29		19:26
	09:32	12:32		15:32	17:35		19:32
	09:36	12:36		15:36	17:39		19:36
	09:39	12:39		15:39	17:43		19:39
	09:41	12:41		15:41	17:45		19:41
09:06	09:52	12:52	13:21	15:52	17:55	18:41	19:52

IF YOU WANT TO STAY LONGER

Early arrivals or late departures will be the own responsibility of the participants.

According to French NA the arrival and travel back must be realized by participants within maximum of 2 days. In case of longer stays or indirect travel (more than 24 hours flight transfer, etc) there is no chance of reimbursement.

Also, if you want to stay one or two days longer, before or after the training course, you are in charge of paying your own expenses (accommodation, food, transport, etc.)

7. Contact information

For any question related to the training: letsacttrainingcourse@gmail.com

Détours d'Ailleurs

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SEE YOU SOON IN FRANCE!!